

## **METHODS AND COMPOSITIONS FOR TREATING HEPATITIS B**

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### **FIELD OF THE INVENTION**

The invention relates to compositions that can ameliorate or prevent hepatitis B and are useful as a dietary supplement or medication. These compositions contain yeast cells obtainable by growth in electromagnetic fields  
10 with specific frequencies and field strengths.

### **BACKGROUND OF THE INVENTION**

Hepatitis is caused by viruses, bacteria, substance abuse, certain medicines, or serious structural damages to the liver. Most commonly, hepatitis is  
15 caused by one of three viruses: hepatitis A virus, hepatitis B virus, or hepatitis C virus. Hepatitis B, also called "serum hepatitis," is caused by hepatitis B virus (HBV). HBV spreads through infected body fluids. Most hepatitis B patients recover from their illness completely within six months. However, some patients go on to develop chronic hepatitis and liver cirrhosis. These patients become  
20 lifelong carriers of HBV and can spread the virus to other people.

Hepatitis is a serious public health problem. It is estimated that there are over 350 million hepatitis B carriers worldwide, representing 5% of the world population. It is also estimated that 10 to 30 million people become infected with the virus every year. At present, the drug commonly used in the treatment of  
25 chronic hepatitis B is interferon. This treatment, however, does not work for everyone with chronic hepatitis B, and can cause strong side effects, such as flu-

like symptoms, rashes, and depression. There remains a need for an effective method to treat hepatitis B.

### **SUMMARY OF THE INVENTION**

5                   This invention is based on the discovery that certain yeast cells can be activated by electromagnetic fields having specific frequencies and field strengths to produce substances beneficial for the liver. Compositions comprising these activated yeast cells can be used as a dietary supplement or medication for treating liver diseases, e.g., for alleviating or preventing hepatitis B.

10                   This invention embraces a composition comprising a plurality of yeast cells that have been cultured in an alternating electric field having a frequency in the range of about 7900-12400 MHz (e.g., 7900-8100, 9850-10050, or 12200-12400 MHz), and a field intensity in the range of about 240-500 mV/cm (e.g., 260-280, 270-290, 290-320, 300-330, 310-340, 320-350, 330-360, 360-390, 15 400-440, or 430-470 mV/cm). The yeast cells are cultured in the alternating electric field for a period of time sufficient to substantially increase the capability of said plurality of yeast cells to produce substances beneficial for the liver (e.g., for treating hepatitis B). In one embodiment, the frequency and/or the field strength of the alternating electric field can be altered within the aforementioned 20 ranges during said period of time. In other words, the yeast cells can be exposed to a series of electromagnetic fields. An exemplary period of time is about 40-160 hours (e.g., 60-145 hours).

                  Also included in this invention is a composition comprising a plurality of yeast cells that have been cultured under acidic conditions in an 25 alternating electric field having a frequency in the range of about 9850-12400 MHz (e.g., 12200-12400 MHz) and a field strength in the range of about 270 to 420 mV/cm (e.g., 300-330 or 360-390 mV/cm). In one embodiment, the yeast cells are exposed to a series of electromagnetic fields. An exemplary period of time is about 40-110 hours (e.g., 58-78 hours).

30                   Included in this invention are also methods for making the above compositions.

Yeast cells that can be included in this composition can be derived from parent strains publically available from the China General Microbiological Culture Collection Center (“CGMCC”), China Committee for Culture Collection of Microorganisms, Institute of Microbiology, Chinese Academy of Sciences, Haidian, P.O. BOX 2714, Beijing, 100080, China. Useful yeast species include, but are not limited to *Saccharomyces cerevisiae*, *Saccharomyces carlsbergensis*, *Saccharomyces rouxii*, *Saccharomyces sake*, *Saccharomyces uvarum*, *Saccharomyces sp.*, *Schizosaccharomyces pombe*, and *Rhodotorula aurantiaca*. For instance, the yeast cells can be of the strain *Saccharomyces cerevisiae* Hansen AS2.561 or AS2.69, *Saccharomyces sp.* AS2.311, *Schizosaccharomyces pombe* Lindner AS2.994, *Saccharomyces sake* Yabe ACCC2045, *Saccharomyces uvarum* Beijer IFFI1044, *Saccharomyces rouxii* Boutroux AS2.180, *Saccharomyces cerevisiae* Hansen Var. ellipsoideus AS2.612, *Saccharomyces carlsbergensis* Hansen AS2.377, or *Rhodotorula rubra* (Demme) Lodder AS2.282. Other useful yeast strains are illustrated in Table 1.

Unless otherwise defined, all technical and scientific terms used herein have the same meaning as commonly understood by one of ordinary skill in the art to which this invention belongs. Exemplary methods and materials are described below, although methods and materials similar or equivalent to those described herein can also be used in the practice or testing of the present invention. All publications and other references mentioned herein are incorporated by reference in their entirety. In case of conflict, the present specification, including definitions, will control. The materials, methods, and examples are illustrative only and not intended to be limiting. Throughout this specification and claims, the word “comprise,” or variations such as “comprises” or “comprising” will be understood to imply the inclusion of a stated integer or group of integers but not the exclusion of any other integer or group of integers.

Other features and advantages of the invention will be apparent from the following detailed description, and from the claims.

## **BRIEF DESCRIPTION OF THE DRAWINGS**

Fig. 1 is a schematic diagram showing an exemplary apparatus for activating yeast cells using electromagnetic fields. 1: yeast culture; 2: container; 3: power supply.

5            Fig. 2 is a schematic diagram showing an exemplary apparatus for making yeast compositions of the invention. The apparatus comprises a signal generator (such as models 83721B and 83741A manufactured by HP) and interconnected containers A, B and C.

## **DETAILED DESCRIPTION OF THE INVENTION**

10            This invention is based on the discovery that certain yeast strains can be activated by electromagnetic fields ("EMF") having specific frequencies and field strengths to produce agents useful in treating liver diseases, e.g., hepatitis B. Yeast compositions containing activated yeast cells can be used as medication, 15 or as a dietary supplement in the form of health drinks or dietary pills.

             Since the activated yeast cells contained in these yeast compositions have been cultured to endure acidic conditions (pH 2.5-4.2), the compositions are stable in the stomach and can pass on to the intestines. Once in the intestines, the yeast cells are ruptured by various digestive enzymes, and the bioactive agents are 20 released and readily absorbed.

### **I. Yeast Strains Useful in the Invention**

             The types of yeasts useful in this invention include, but are not limited to, yeasts of the genera of *Saccharomyces*, *Rhodotorula*, and *Schizosaccharomyces*.

25            Exemplary species within the above-listed genera include, but are not limited to, the species illustrated in Table 1. Yeast strains useful in this invention can be obtained from laboratory cultures, or from publically accessible culture depositories, such as CGMCC and the American Type Culture Collection, 10801 University Boulevard, Manassas, VA 20110-2209. Non-limiting examples 30 of useful strains (with the accession numbers of CGMCC) are *Saccharomyces cerevisiae* Hansen AS2.561 and AS2.69, *Saccharomyces sp.* AS2.311, *Schizosaccharomyces pombe* Lindner AS2.994, *Saccharomyces sake* Yabe

ACCC2045, *Saccharomyces uvarum* Beijer IFFI1044, *Saccharomyces rouxii* Boutroux AS2.180, *Saccharomyces cerevisiae* Hansen Var. ellipsoideus AS2.612, *Saccharomyces carlsbergensis* Hansen AS2.377, and *Rhodotorula rubra* (Demme) Lodder AS2.282. Other non-limiting examples of useful strains are listed in Table

- 5 1. In general, preferred yeast strains in this invention are those used for fermentation in the food and wine industries. As a result, compositions containing these yeast cells are safe for human consumption.

The preparation of the yeast compositions of this invention is not limited to starting with a pure strain of yeast. A yeast composition of the invention  
10 may be produced by culturing a mixture of yeast cells of different species or strains.

Table 1 Exemplary Yeast Strains

<i>Saccharomyces cerevisiae</i> Hansen				
ACCC2034	ACCC2035	ACCC2036	ACCC2037	ACCC2038
ACCC2039	ACCC2040	ACCC2041	ACCC2042	AS2. 1
AS2. 4	AS2. 11	AS2. 14	AS2. 16	AS2. 56
AS2. 69	AS2. 70	AS2. 93	AS2. 98	AS2. 101
AS2. 109	AS2. 110	AS2. 112	AS2. 139	AS2. 173
AS2. 174	AS2. 182	AS2. 196	AS2. 242	AS2. 336
AS2. 346	AS2. 369	AS2. 374	AS2. 375	AS2. 379
AS2. 380	AS2. 382	AS2. 390	AS2. 393	AS2. 395
AS2. 396	AS2. 397	AS2. 398	AS2. 399	AS2. 400
AS2. 406	AS2. 408	AS2. 409	AS2. 413	AS2. 414
AS2. 415	AS2. 416	AS2. 422	AS2. 423	AS2. 430
AS2. 431	AS2. 432	AS2. 451	AS2. 452	AS2. 453
AS2. 458	AS2. 460	AS2. 463	AS2. 467	AS2. 486
AS2. 501	AS2. 502	AS2. 503	AS2. 504	AS2. 516
AS2. 535	AS2. 536	AS2. 558	AS2. 560	AS2. 561
AS2. 562	AS2. 576	AS2. 593	AS2. 594	AS2. 614
AS2. 620	AS2. 628	AS2. 631	AS2. 666	AS2. 982
AS2. 1190	AS2. 1364	AS2. 1396	IFFI1001	IFFI1002
IFFI1005	IFFI1006	IFFI1008	IFFI1009	IFFI1010
IFFI1012	IFFI1021	IFFI1027	IFFI1037	IFFI1042
IFFI1043	IFFI1045	IFFI1048	IFFI1049	IFFI1050
IFFI1052	IFFI1059	IFFI1060	IFFI1062	IFFI1063
IFFI1202	IFFI1203	IFFI1206	IFFI1209	IFFI1210
IFFI1211	IFFI1212	IFFI1213	IFFI1214	IFFI1215
IFFI1220	IFFI1221	IFFI1224	IFFI1247	IFFI1248
IFFI1251	IFFI1270	IFFI1277	IFFI1287	IFFI1289
IFFI1290	IFFI1291	IFFI1292	IFFI1293	IFFI1297
IFFI1300	IFFI1301	IFFI1302	IFFI1307	IFFI1308
IFFI1309	IFFI1310	IFFI1311	IFFI1331	IFFI1335

IFFI1336	IFFI1337	IFFI1338	IFFI1339	IFFI1340
IFFI1345	IFFI1348	IFFI1396	IFFI1397	IFFI1399
IFFI1411	IFFI1413	IFFI1441	IFFI1443	
<i>Saccharomyces cerevisiae</i> Hansen Var. ellipsoideus (Hansen) Dekker				
ACCC2043	AS2.2	AS2.3	AS2.8	AS2.53
AS2.163	AS2.168	AS2.483	AS2.541	AS2.559
AS2.606	AS2.607	AS2.611	AS2.612	
<i>Saccharomyces chevalieri</i> Guilliermond				
AS2.131	AS2.213			
<i>Saccharomyces delbrueckii</i>				
AS2.285				
<i>Saccharomyces delbrueckii</i> Lindner ver. mongolicus (Saito) Lodder et van Rij				
AS2.209	AS2.1157			
<i>Saccharomyces exiguous</i> Hansen				
AS2.349	AS2.1158			
<i>Saccharomyces fermentati</i> (Saito) Lodder et van Rij				
AS2.286	AS2.343			
<i>Saccharomyces logos</i> van laer et Denamur ex Jorgensen				
AS2.156	AS2.327	AS2.335		
<i>Saccharomyces mellis</i> (Fabian et Quinet) Lodder et kreger van Rij				
AS2.195				
<i>Saccharomyces mellis</i> Microellipsoides Osterwalder				
AS2.699				

<i>Saccharomyces oviformis</i> Osteralder				
AS2.100				
<i>Saccharomyces rosei</i> (Guilliermond) Lodder et Kreger van Rij				
AS2.287				
<i>Saccharomyces rouxii</i> Boutroux				
AS2.178	AS2.180	AS2.370	AS2.371	
<i>Saccharomyces sake</i> Yabe				
ACCC2045				
<i>Candida arborea</i>				
AS2.566				
<i>Candida lambica</i> (Lindner et Genoud) van. Uden et Buckley				
AS2.1182				
<i>Candida krusei</i> (Castellani) Berkhout				
AS2.1045				
<i>Candida lipolytica</i> (Harrison) Diddens et Lodder				
AS2.1207	AS2.1216	AS2.1220	AS2.1379	AS2.1398
AS2.1399	AS2.1400			
<i>Candida parapsilosis</i> (Ashford) Langeron et Talice Var. <i>intermedia</i> Van Rij et Verona				
AS2.491				
<i>Candida parapsilosis</i> (Ashford) Langeron et Talice				
AS2.590				



<i>Candida pulcherrima</i> (Lindner) Windisch				
AS2.492				
<i>Candida rugosa</i> (Anderson) Diddens et Lodder				
AS2.511	AS2.1367	AS2.1369	AS2.1372	AS2.1373
AS2.1377	AS2.1378	AS2.1384		
<i>Candida tropicalis</i> (Castellani) Berkhout				
ACCC2004	ACCC2005	ACCC2006	AS2.164	AS2.402
AS2.564	AS2.565	AS2.567	AS2.568	AS2.617
AS2.637	AS2.1387	AS2.1397		
<i>Candida utilis</i> Henneberg Lodder et Kreger Van Rij				
AS2.120	AS2.281	AS2.1180		
<i>Crebrothecium ashbyii</i> (Guilliermond) Routein ( <i>Eremothecium ashbyii</i> Guilliermond)				
AS2.481	AS2.482	AS2.1197		
<i>Geotrichum candidum</i> Link				
ACCC2016	AS2.361	AS2.498	AS2.616	AS2.1035
AS2.1062	AS2.1080	AS2.1132	AS2.1175	AS2.1183
<i>Hansenula anomala</i> (Hansen)H et P sydow				
ACCC2018	AS2.294	AS2.295	AS2.296	AS2.297
AS2.298	AS2.299	AS2.300	AS2.302	AS2.338
AS2.339	AS2.340	AS2.341	AS2.470	AS2.592
AS2.641	AS2.642	AS2.782	AS2.635	AS2.794
<i>Hansenula arabitogens</i> Fang				
AS2.887				

<i>Hansenula jadinii</i> (A. et R Sartory Weill et Meyer) Wickerham				
ACCC2019				
<i>Hansenula saturnus</i> (Klocker) H et P sydow				
ACCC2020				
<i>Hansenula schneeggii</i> (Weber ) Dekker				
AS2.304				
<i>Hansenula subpelliculosa</i> Bedford				
AS2.740	AS2.760	AS2.761	AS2.770	AS2.783
AS2.790	AS2.798	AS2.866		
<i>Kloeckera apiculata</i> (Reess emend. Klocker) Janke				
ACCC2022	ACCC2023	AS2.197	AS2.496	AS2.714
ACCC2021	AS2.711			
<i>Lipomyces starkeyi</i> Lodder et van Rij				
AS2.1390	ACCC2024			
<i>Pichia farinosa</i> (Lindner) Hansen				
ACCC2025	ACCC2026	AS2.86	AS2.87	AS2.705
AS2.803				
<i>Pichia membranaefaciens</i> Hansen				
ACCC2027	AS2.89	AS2.661	AS2.1039	
<i>Rhodospiridium toruloides</i> Banno				
ACCC2028				
<i>Rhodotorula glutinis</i> (Fresenius) Harrison				
AS2.2029	AS2.280	ACCC2030	AS2.102	AS2.107

AS2.278	AS2.499	AS2.694	AS2.703	AS2.704
AS2.1146				
<i>Rhodotorula minuta</i> (Saito) Harrison				
AS2.277				
<i>Rhodotorula rubra</i> (Demme) Lodder				
AS2.21	AS2.22	AS2.103	AS2.105	AS2.108
AS2.140	AS2.166	AS2.167	AS2.272	AS2.279
AS2.282	ACCC2031			
<i>Rhodotorula aurantiaca</i> (Saito) Lodder				
AS2.102	AS2.107	AS2.278	AS2.499	AS2.694
AS2.703	AS2.1146			
<i>Saccharomyces carlsbergensis</i> Hansen				
AS2.113	ACCC2032	ACCC2033	AS2.312	AS2.116
AS2.118	AS2.121	AS2.132	AS2.162	AS2.189
<i>Saccharomyces uvarum</i> Beijer				
IFFI1023	IFFI1032	IFFI1036	IFFI1044	IFFI1072
IFFI1205	IFFI1207			
<i>Saccharomyces willianus</i> Saccardo				
AS2.5	AS2.7	AS2.119	AS2.152	AS2.293
AS2.381	AS2.392	AS2.434	AS2.614	AS2.1189
<i>Saccharomyces sp.</i>				
AS2.311				
<i>Saccharomycodes ludwigii</i> Hansen				
ACCC2044	AS2.243	AS2.508		

<i>Saccharomycodes sinenses</i> Yue				
AS2.1395				
<i>Schizosaccharomyces octosporus</i> Beijerinck				
ACCC2046	AS2.1148			
<i>Schizosaccharomyces pombe</i> Lindner				
ACCC2047	ACCC2048	AS2.214	AS2.248	AS2.249
AS2.255	AS2.257	AS2.259	AS2.260	AS2.274
AS2.994	AS2.1043	AS2.1149	AS2.1178	IFFI1056
<i>Sporobolomyces roseus</i> Kluyver et van Niel				
ACCC2049	ACCC2050	AS2.19	AS2.962	AS2.1036
ACCC2051	AS2.261	AS2.262		
<i>Torulopsis candida</i> (Saito) Lodder				
AS2.270	ACCC2052			
<i>Torulopsis famta</i> (Harrison) Lodder et van Rij				
ACCC2053	AS2.685			
<i>Torulopsis globosa</i> (Olson et Hammer) Lodder et van Rij				
ACCC2054	AS2.202			
<i>Torulopsis inconspicua</i> Lodder et Kreger van Rij				
AS2.75				
<i>Trichosporon behrendii</i> Lodder et Kreger van Rij				
ACCC2056	AS2.1193			
<i>Trichosporon capitatum</i> Diddens et Lodder				
ACCC2056	AS2.1385			

<i>Trichosporon cutaneum</i> (de Beurm et al.) Ota				
ACCC2057	AS2.25	AS2.570	AS2.571	AS2.1374
<i>Wickerhamia fluorescens</i> (Soneda) Soneda				
ACCC2058	AS2.1388			

## II. Application of Electromagnetic Fields

An electromagnetic field useful in this invention can be generated and applied by various means well known in the art. For instance, the EMF can be  
5 generated by applying an alternating electric field or an oscillating magnetic field.

Alternating electric fields can be applied to cell cultures through electrodes in direct contact with the culture medium, or through electromagnetic induction. See, e.g., Fig. 1. Relatively high electric fields in the medium can be generated using a method in which the electrodes are in contact with the medium.  
10 Care must be taken to prevent electrolysis at the electrodes from introducing undesired ions into the culture and to prevent contact resistance, bubbles, or other features of electrolysis from dropping the field level below that intended. Electrodes should be matched to their environment, for example, using Ag-AgCl electrodes in solutions rich in chloride ions, and run at as low a voltage as possible.  
15 For general review, see Goodman et al., *Effects of EMF on Molecules and Cells*, International Review of Cytology, A Survey of Cell Biology, Vol. 158, Academic Press, 1995.

The EMFs useful in this invention can also be generated by applying an oscillating magnetic field. An oscillating magnetic field can be  
20 generated by oscillating electric currents going through Helmholtz coils. Such a magnetic field in turn induces an electric field.

The frequencies of EMFs useful in this invention range from about 7900 MHz to 12400 MHz (e.g., 7900-8100, 9850-10050, or 12200-12400 MHz). Exemplary frequencies include 7986, 8009, 9949, 12293, and 12312 MHz. The  
25 field strength of the electric field useful in this invention ranges from about 240-500 mV/cm (e.g., 260-280, 270-290, 290-320, 300-330, 310-340, 320-350, 330-

360, 360-390, 400-440, or 430-470 mV/cm). Exemplary field strengths include 267, 272, 285, 298, 315, 317, 327, 337, 347, 375, 416, and 446 mV/cm.

When a series of EMFs are applied to a yeast culture, the yeast culture can remain in the same container while the same set of EMF generator and emitters is used to change the frequency and/or field strength. The EMFs in the series can each have a different frequency or a different field strength; or a different frequency and a different field strength. Such frequencies and field strengths are preferably within the above-described ranges. Although any practical number of EMFs can be used in a series, it may be preferred that the yeast culture be exposed to a total of 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, or more EMFs in a series. In one embodiment, the yeast culture is exposed to a series of EMFs, wherein the frequency of the electric field is alternated in the range of about 7900-8100, 9850-10050, and 12200-12400 MHz.

Although the yeast cells can be activated after even a few hours of culturing in the presence of an EMF, it may be preferred that the activated yeast cells be allowed to multiply and grow in the presence of the EMF(s) for a total of 40-160 hours.

Fig. 1 illustrates an exemplary apparatus for generating alternating electric fields. An electric field of a desired frequency and intensity can be generated by an AC source (3) capable of generating an alternating electric field, preferably in a sinusoidal wave form, in the frequency range of 5 to 20,000 MHz. Signal generators capable of generating signals with a narrower frequency range can also be used. If desired, a signal amplifier can also be used to increase the output. The culture container (2) can be made from a non-conductive material, e.g., glass, plastic or ceramic. The cable connecting the culture container (2) and the signal generator (3) is preferably a high frequency coaxial cable with a transmission frequency of at least 30 GHz.

The alternating electric field can be applied to the culture by a variety of means, including placing the yeast culture (1) in close proximity to the signal emitters such as a metal wire or tube capable of transmitting EMFs. The metal wire or tube can be made of red copper, and be placed inside the container (2), reaching as deep as 3-30 cm. For example, if the fluid in the container (2) has

a depth of 15-20 cm, 20-30 cm, 30-50 cm, 50-70 cm, 70-100 cm, 100-150 cm or 150-200 cm, the metal wire can be 3-5 cm, 5-7 cm, 7-10 cm, 10-15 cm, 15-20 cm, 20-30 cm, and 25-30 cm from the bottom of the container (2), respectively. The number of metal wires/tubes used can be from 1 to 10 (e.g., 2 to 3). It is  
5 recommended, though not mandated, that for a culture having a volume up to 10 L, metal wires/tubes having a diameter of 0.5 to 2 mm be used. For a culture having a volume of 10-100 L, metal wires/tubes having a diameter of 3 to 5 mm can be used. For a culture having a volume of 100-1000 L, metal wires/tubes having a diameter of 6 to 15 mm can be used. For a culture having a volume greater than  
10 1000 L, metal wires/tubes having a diameter of 20-25 mm can be used.

In one embodiment, the electric field is applied by electrodes submerged in the culture (1). In this embodiment, one of the electrodes can be a metal plate placed on the bottom of the container (2), and the other electrode can comprise a plurality of electrode wires evenly distributed in the culture (1) so as to  
15 achieve even distribution of the electric field energy.

### **III. Culture Media**

Culture media useful in this invention contain sources of nutrients that can be assimilated by yeast cells. Complex carbon-containing substances in a suitable form (e.g., carbohydrates such as sucrose, glucose, dextrose, maltose,  
20 xylose, cellulose, starch, etc.) can be the carbon sources for yeast cells. The exact quantity of the carbon sources can be adjusted in accordance with the other ingredients of the medium. In general, the amount of carbohydrates varies between about 1% and 10% by weight of the medium and preferably between about 1 % and 5%, and most preferably about 2%. These carbon sources can be  
25 used individually or in combination. Amino acid-containing substances such as beef extract and peptone can also be added. In general, the amount of amino acid containing substances varies between about 0.1% and 1% by weight of the medium and preferably between about 0.1% and 0.5%. Among the inorganic salts which can be added to a culture medium are the customary salts capable of yielding  
30 sodium, potassium, calcium, phosphate, sulfate, carbonate, and like ions. Non-limiting examples of nutrient inorganic salts are  $(\text{NH}_4)_2\text{HPO}_4$ ,  $\text{CaCO}_3$ ,  $\text{KH}_2\text{PO}_4$ ,  $\text{K}_2\text{HPO}_4$ ,  $\text{MgSO}_4$ ,  $\text{NaCl}$ , and  $\text{CaSO}_4$ .

#### IV. Electromagnetic Activation of Yeast Cells

To activate or enhance the ability of yeast cells to produce agents useful for treating live diseases (e.g., hepatitis B), these cells can be cultured in an appropriate medium under sterile conditions at 20-35°C (e.g., 28-32°C) for a  
5 sufficient amount of time (e.g., 60-145 hours) in an alternating electric field or a series of alternating electric fields as described above.

An exemplary set-up of the culture process is depicted in Fig. 1 (see above). An exemplary culture medium contains the following per 1000 ml of sterile water: 18 g of mannitol, 50 µg of Vitamin B<sub>6</sub>, 50 µg of Vitamin B<sub>12</sub>, 50 µg  
10 of Vitamin B<sub>3</sub>, 100 µg of Vitamin H, 35 ml of fetal bovine serum, 0.2 g of KH<sub>2</sub>PO<sub>4</sub>, 0.25 g of MgSO<sub>4</sub>•7H<sub>2</sub>O, 0.3 g of NaCl, 0.2 g of CaSO<sub>4</sub>•2H<sub>2</sub>O, 4 g of CaCO<sub>3</sub>•5H<sub>2</sub>O, and 2.5 g of peptone. Yeast cells of the desired strain(s) are then added to the culture medium to form a mixture containing 1X10<sup>8</sup> cells per 1000 ml of culture medium. The yeast cells can be of any of the strains listed in Table 1.  
15 The mixture is then added to the apparatus shown in Fig. 1.

The activation process of the yeast cells involves the following steps: (1) maintaining the temperature of the activation apparatus at 24-33°C (e.g., 28-32°C), and culturing the yeast cells for 24-30 hours (e.g., 28 hours); (2) applying an alternating electric field having a frequency of 7986 MHz and a field  
20 strength of 260-280 mV/cm (e.g., 267 mV/cm) for 11-17 hours (e.g., 15 hours); (3) then applying an alternating electric field having a frequency of 8009 MHz and a field strength of 310-340 mV/cm (e.g., 315 mV/cm) for 32-38 hours (e.g., 36 hours); (4) then applying an alternating electric field having a frequency of 9949 MHz and a field strength of 320-350 mV/cm (e.g., 337 mV/cm) for 38-44 hours  
25 (e.g., 42 hours); (5) then applying an alternating electric field having a frequency of 12293 MHz and a field strength of 330-360 mV/cm (e.g., 347 mV/cm) for 35-41 hours (e.g., 39 hours); and (6) then applying an alternating electric field having a frequency of 12312 MHz and a field strength of 260-280 mV/cm (e.g., 272 mV/cm) for 6-12 hours (e.g., 10 hours). The activated yeast cells are then  
30 recovered from the culture medium by various methods known in the art, dried (e.g., by lyophilization) and stored at 4°C. Preferably, the concentration of the dried yeast cells is no less than 10<sup>10</sup> cells/g.



## V. Acclimatization of Yeast Cells To the Gastric Environment

Because the yeast compositions of this invention must pass through the stomach before reaching the small intestine, where the effective components are released from these yeast cells, it is preferred that these yeast cells be cultured under acidic conditions to acclimatize the cells to the gastric juice. This acclimatization process results in better viability of the yeast cells in the acidic gastric environment.

To achieve this, the yeast powder containing activated yeast cells can be mixed with a highly acidic acclimatizing culture medium at 10 g (containing more than  $10^{10}$  activated cells per gram) per 1000 ml. The yeast mixture is then cultured first in the presence of an alternating electric field having a frequency of 12293 MHz and a field strength of 360-390 mV/cm (e.g., 375 mV/cm) at about 28 to 32°C for 42 to 50 hours (e.g., 46 hours). The resultant yeast cells can then be further incubated in the presence of an alternating electric field having a frequency of 12312 MHz and a field strength of 300-330 mV/cm (e.g., 317 mV/cm) at about 28 to 32°C for 16 to 28 hours (e.g., 20 hours). The resulting acclimatized yeast cells are then dried and stored either in powder form ( $\geq 10^{10}$  cells/g) at room temperature or in vacuum at 0-4°C.

An exemplary acclimatizing culture medium is made by mixing 700 ml fresh pig gastric juice and 300 ml wild Chinese hawthorn extract. The pH of the acclimatizing culture medium is adjusted to 2.5 with 0.1 M hydrochloric acid (HCl) and 0.2 M potassium hydrogen phthalate ( $C_6H_4(COOK)COOH$ ). The fresh pig gastric juice is prepared as follows. At about 4 months of age, newborn Holland white pigs are sacrificed, and the entire contents of their stomachs are retrieved and mixed with 2000 ml of water under sterile conditions. The mixture is then allowed to stand for 6 hours at 4°C under sterile conditions to precipitate food debris. The supernatant is collected for use in the acclimatizing culture medium. To prepare the wild Chinese hawthorn extract, 500 g of fresh wild Chinese hawthorn is dried under sterile conditions to reduce water content ( $\leq 8\%$ ). The dried fruit is then ground ( $\geq 20$  mesh) and added to 1500 ml of sterilized water. The hawthorn slurry is allowed to stand for 6 hours at 4°C under sterile conditions.

The hawthorn supernatant is collected to be used in the acclimatizing culture medium.

## VI. Manufacture of Yeast Compositions

To manufacture the yeast compositions of the invention, an  
5 apparatus depicted in Fig. 2 or an equivalent thereof can be used. This apparatus includes three containers, a first container (A), a second container (B), and a third container (C), each equipped with a pair of electrodes (4). One of the electrodes is a metal plate placed on the bottom of the containers, and the other electrode comprises a plurality of electrode wires evenly distributed in the space within the  
10 container to achieve even distribution of the electric field energy. All three pairs of electrodes are connected to a common signal generator.

The culture medium used for this purpose is a mixed fruit extract solution containing the following ingredients per 1000 L: 300 L of wild Chinese hawthorn extract, 300 L of jujube extract, 300 L of *Schisandra chinensis* (Turez)  
15 *Baill* seed extract, and 100 L of soy bean extract. To prepare hawthorn, jujube and *Schisandra chinensis* (Turez) *Baill* seed extracts, the fresh fruits are washed and dried under sterile conditions to reduce the water content to no higher than 8%. One hundred kilograms of the dried fruits are then ground ( $\geq 20$  mesh) and added to 400 L of sterilized water. The mixtures are stirred under sterile conditions at room  
20 temperature for twelve hours, and then centrifuged at 1000 rpm to remove insoluble residues. To make the soy bean extract, fresh soy beans are washed and dried under sterile conditions to reduce the water content to no higher than 8%. Thirty kilograms of dried soy beans are then ground into particles of no smaller than 20 mesh, and added to 130 L of sterilized water. The mixture is stirred under  
25 sterile conditions at room temperature for twelve hours and centrifuged at 1000 rpm to remove insoluble residues. To make the culture medium, these ingredients are mixed according to the above recipe, and the mixture is autoclaved at 121°C for 30 minutes and cooled to below 40°C before use.

One thousand grams of the activated yeast powder prepared as  
30 described above (Section V, *supra*) is added to 1000 L of the mixed fruit extract solution, and the yeast solution is transferred to the first container (A) shown in Fig. 2. The yeast cells are then cultured in the presence of an alternating electric

field having a frequency of 12293 MHz and a field strength of about 400-440 mV/cm (e.g., 416 mV/cm) at 28-32°C under sterile conditions for 32 hours. The yeast cells are further incubated in an alternating electric field having a frequency of 12312 MHz and a field strength of 290-320 mV/cm (e.g., 298 mV/cm). The  
5 culturing continues for another 12 hours.

The yeast culture is then transferred from the first container (A) to the second container (B) which contains 1000 L of culture medium (if need be, a new batch of yeast culture can be started in the now available first container (A)), and subjected to an alternating electric field having a frequency of 12293 MHz and  
10 a field strength of 430-470 mV/cm (e.g., 446 mV/cm) for 24 hours. Subsequently the frequency and field strength of the electric field are changed to 12312 MHz and 260-280 mV/cm (e.g., 272 mV/cm), respectively. The culturing continues for another 12 hours.

The yeast culture is then transferred from the second container (B)  
15 to the third container (C) which contains 1000 L of culture medium, and subjected to an alternating electric field having a frequency of 12293 MHz and a field strength of 310-340 mV/cm (e.g., 327 mV/cm) for 24 hours. Subsequently the frequency and field strength of the electric field are changed to 12312 MHz and 270-290 mV/cm (e.g., 285 mV/cm), respectively. The culturing continues for  
20 another 12 hours.

The yeast culture from the third container (C) can then be packaged into vacuum sealed bottles for use as a dietary supplement, e.g., health drinks, or medication in the form of pills, powder, etc. If desired, the final yeast culture can also be dried within 24 hours and stored in powder form. The dietary supplement  
25 can be taken three to four times daily at 30-60 ml per dose for a three-month period, preferably 10-30 minutes before meals and at bedtime.

In some embodiments, the compositions of the invention can also be administered intravenously or peritoneally in the form of a sterile injectable preparation. Such a sterile preparation can be prepared as follows. A sterilized  
30 health drink composition is first treated under ultrasound (20,000 Hz) for 10 minutes and then centrifuged for another 10 minutes. The resulting supernatant is adjusted to pH 7.2-7.4 using 1 M NaOH and subsequently filtered through a

membrane (0.22  $\mu\text{m}$  for intravenous injection and 0.45  $\mu\text{m}$  for peritoneal injection) under sterile conditions. The resulting sterile preparation is submerged in a 35-38 °C water bath for 30 minutes before use. In other embodiments, the compositions of the invention may also be formulated with pharmaceutically acceptable carriers  
5 to be orally administered in any orally acceptable dosage form including, but not limited to, capsules, tablets, suspensions or solutions.

The yeast compositions of the present invention are derived from yeasts used in food and pharmaceutical industries. The yeast compositions are thus devoid of side effects associated with many pharmaceutical compounds.

## 10 VII. Examples

The following examples are meant to illustrate the methods and materials of the present invention. Suitable modifications and adaptations of the described conditions and parameters which are obvious to those skilled in the art are within the spirit and scope of the present invention.

15 The activated yeast compositions used in the following experiments were prepared as described above, using *Saccharomyces cerevisiae* Hansen AS2.561 cells cultured in the presence of an alternating electric field having the electric field frequency and field strength exemplified in the parentheses following the recommended ranges listed in Section IV, *supra*. Control yeast compositions  
20 were those prepared in the same manner except that the yeast cells were cultured in the absence of EMFs. Unless otherwise indicated, the yeast compositions and the corresponding controls were administered to the animals by intragastric feeding.

### **Example 1: Effects of Yeast Compositions against HBsAg**

The HBV surface coat is composed of hepatitis B surface antigens (“HBsAg”). HBsAg is produced in larger quantities than required for the virus to reproduce. The excess surface antigens clump into spherical particles or form rods of variable length. These spherical particles can also encapsulate a core particle and produce a complete and infectious viral particle that enters the blood stream and infects other liver cells. The excess spheres, rods and complete viral particles enter the blood stream in large numbers and are easily detectable. HbsAg-positivity is the current standard used to indicate HBV infection. The presence of HBsAg for more than six months is generally taken to indicate chronic infection.

In this experiment, the effectiveness of the activated yeast composition in reducing HBsAg level was assessed using an ELISA assay.

#### **Preparation of yeast compositions for ELISA:**

Under sterile conditions, a bottle (100 ml/bottle, about  $10^8$  cells/ml) of the activated yeast composition (AY) was mixed with 100 ml of de-ionized  $H_2O$  in a 200 ml beaker and the mixture incubated at 28-30°C for two hours. The mixture was then sonicated at 3000 Hz for 15 minutes and centrifuged at 1000 rpm for 10 minutes. The supernatant was then filtered through a 0.45  $\mu m$  membrane. De-ionized water was added to bring the volume to 100 ml. The pH of the solution was adjusted to 7.0 with 0.1 M NaOH and HCl, and then stored at 4°C. Before use, three different concentrations of the solution were prepared: 1 X 50  $\mu l$  (stock solution without further concentration), 2 X 50  $\mu l$  (100  $\mu l$  of stock solution concentrated to 50  $\mu l$ ), and 3 X 50  $\mu l$  (150  $\mu l$  of stock solution concentrated to 50  $\mu l$ ). Control yeast composition solutions (NY) were prepared in the same way.

#### **Preparation of HBsAg solutions:**

HBsAg was purified from HBsAg positive serum (with a titer of 1:8) using cellulose ion-exchange affinity chromatography. The preparation was stored in aliquots at 4°C. Two HBsAg concentrations were used for this experiment: P/N (Positive/Negative) = 10.92, and P/N = 14.26. P/N is the ratio between the HBsAg concentration of an HbsAg-positive serum and that of an HbsAg-negative serum.

### Experimental procedure:

Six solutions were prepared by mixing 50  $\mu$ l of the yeast composition solutions at three different concentrations with 50  $\mu$ l of the HBsAg preparations at two different concentrations. HBsAg positive (where no yeast composition solution was added) and HBsAg negative (no HBsAg) controls, as well as a blank control (where H<sub>2</sub>O was used in lieu of yeast composition and HBsAg) were also included. These mixtures were incubated at 37°C for four hours. The ELISA plate were coated with 100  $\mu$ l of purified hepatitis B surface antibody ("HbsAb") per well at 4°C for 48 hours. The plates were then washed several times with wash buffer and spun dry. The yeast composition solution-HBsAg mixtures and the various controls were each added to a HBsAb-coated well and incubated at 43°C for two hours. The plates were washed several times and spun dry, and 100  $\mu$ l of HRP-HBsAb (1:100) in 10% fetal bovine serum was added per well and incubated at 43°C for one hour. The plates were then washed several times and spun dry. 100  $\mu$ l of o-phenylenediamine-hydrogen peroxide was added per well. After incubation at 37°C in the dark for 30 minutes, the reactions were stopped by adding 50  $\mu$ l of 2 M H<sub>2</sub>SO<sub>4</sub> per well. The optical density of the samples was measured at 492 nm, using the blank sample for calibration. The P/N values of the reactions were calculated based on the average OD values (i.e., OD value for the samples divided by the OD value of the negative control). The data are shown in Table 2 below.

Table 2

Group	P/N when HBsAg P/N = 14.26			P/N when HBsAg P/N = 10.92		
	1X50 (50 $\mu$ l)	2X50 (50 $\mu$ l)	3X50 (50 $\mu$ l)	1X50 (50 $\mu$ l)	2X50 (50 $\mu$ l)	3X50 (50 $\mu$ l)
AY	0.95	0.44	0.18	0.42	0.19	0.11
NY	14.11	14.03	13.96	10.86	10.63	10.34

The data demonstrate that the activated yeast composition significantly reduced the level of HBsAg ( $P/N < 0.95$ ) compared to the control yeast composition ( $P/N > 10.34$ ). By general medical standards, a  $P/N$  value of  $<1.2$  indicates significant effect of treatment; a  $P/N$  value of  $<2.1$ , average effect; a  
5  $P/N$  value of  $3.8-4.25$ , low effect; and a  $P/N$  value of  $>4.25$ , no effect.

### **Example 2: Effects of Yeast Compositions On Glutamate-Pyruvate**

#### **Transaminase Activity**

Glutamate-pyruvate transaminase (GPT) normally is expressed in hepatocytes. When the liver tissue undergoes necrosis or is otherwise damaged,  
10 GPT is released into the blood stream, elevating the level of serum GPT. Thus, the serum GPT level is one of the important indicators of liver functions.

To evaluate the effects of the activated yeast composition of this invention on serum GPT activity, the yeast compositions were tested in patients with chronic hepatitis B (either Chronic Persistent Hepatitis B or Chronic Active  
15 Hepatitis B). The study was conducted under the direction of physicians.

In this study, the patients with Chronic Persistent Hepatitis B or Chronic Active Hepatitis B (these two groups of patients were studied separately) were randomly divided into three groups, namely AY (for treatment with the activated yeast composition), NY (for treatment with the control yeast  
20 composition), CK (positive control group, for treatment with Stronger Neominophagen C, or SNMC, a known drug for treating hepatitis B). The AY group patients were each given 30 ml of the activated yeast composition (about  $10^8$  cells/ml), three times daily for six months. The NY patients were treated in the same manner except that they were given the control yeast composition, in lieu of  
25 the activated yeast composition. The CK patients were each given 40 ml of SNMC (1.0 mg/ml) via intravenous injection daily for six months.

At the end of the sixth month, blood samples were taken from each patient to determine the serum GPT level. To do so, 0.1 ml of serum from each  
30 patient was mixed with 0.5 ml of the glutamate-pyruvate substrate solution (1 M) and incubated in a  $37^\circ\text{C}$  water bath for 30 minutes. Then 0.5 ml of 2,4-dinitrophenylhydrazine was added and the incubation continued for another 20 minutes. Finally, 5 ml of 0.4 M NaOH was added. The control reaction was

prepared in the same manner except that the serum was added immediately after, not before, the 30 minute incubation step. The optical density of the sample was measured at 520 nm, using the control reaction for calibration. The GPT concentration was determined using a standard curve. Data in Table 3 below show that the number of patients in each group whose serum GPT level returned to normal after treatment.

Table 3

Group	Patients with Chronic Persistent Hepatitis B			Patients with Chronic Active Hepatitis B		
	Total # of Patients	After Treatment		Total # of Patients	After Treatment	
		# of Patients with Normal [GPT]	% of Patients with Normal [GPT]		# of Patients with Normal [GPT]	% of Patients with Normal [GPT]
AY	22	19	86.3	26	22	84.6
NY	23	0	0	25	0	0
CK	20	3	15.0	27	4	14.8

The data demonstrate that the activated yeast composition significantly restored serum GPT to normal levels in patients with chronic hepatitis B, and was superior to SNMC in doing so.

While a number of embodiments of this invention have been set forth, it is apparent that the basic constructions may be altered to provide other embodiments which utilize the compositions and methods of this invention.